

CO2 Story: What a Versatile Tool!

Chris learned about the "Church of Two" concept at the 2009 House2House Conference in Dallas, TX. Here's Chris' story.

In early December I began CO2 with a house church friend, Sean. After the first week we were clear that we very much wanted to continue, and after three weeks we both agree that our relationship with one another and our relationships with the Lord are deepening noticeably.

Our experiences are similar to those reported by others commenting on the "[Stories from the Revolution](#)" blog. I had expected CO2 to be good, but it was trying it out for myself over a period of days that really convinced me. It's sometimes been difficult to keep going on a daily basis, but it is so worth the effort. My advice - don't give up, keep on keeping on and you will benefit.

Even if you don't have a partner for CO2, I would recommend doing the LISTENING TO JESUS and CHECKING IN exercises on your own each day. You will still see some useful benefit. But working in pairs or small groups will amplify the value greatly.

LISTENING TO JESUS (particularly the hearing and journaling aspects) has deepened my awareness of the Lord's constant presence in my life.

CHECKING IN has brought us closer to one another in mutual understanding, respect and trust. As we pray with and for one another in the light of hearing the Lord's direction to each of us, I'm fully convinced we'll be led into church life and sharing the gospel in ways we could hardly have imagined at first.

CO2 is not an end in itself. It is, however, a really useful framework for hearing from the Lord and at the same time developing broader and deeper relationships between individuals. In this way it stimulates spiritual growth and can act as both a building-block for church and a platform for sharing the gospel. What a versatile tool!